

Pre-operative Guidelines & Instructions for Patients Undergoing General Anesthesia

Do not have anything to eat or drink for **8 hours** prior to your scheduled surgery.

Please have someone present with you to provide safe transportation following your scheduled surgery. For your own safety, you cannot drive yourself home or take public transportation without an escort.

Unless your doctor informs you otherwise, take your usual prescription medications on your day of surgery with small sips of water.

Make arrangements to have someone with you following your surgery. Many of the sedative effects from general anesthesia will continue for the remainder of the day. Having someone you trust nearby to assist you will ensure that you will have a safe and comfortable recovery.

The following items will be useful during the recovery process:

- o Ice packs
- o Soft, non-chew foods
- o Ibuprofen (Advil, Motrin) or Acetaminophen (Tylenol)

Please contact our staff directly if you have any questions regarding your surgical care. Thank you for choosing Berks Oral Surgery & Dental Implant Center.



Initial Visit

Your initial appointment will consist of a consultation so that your doctor can review your medical history, perform a thorough examination and diagnose your problem. In addition, this visit will allow our treatment coordinators to discuss your treatment plan and review your insurance benefits with you. Occasionally, surgery can be performed on the same day; however, complex treatment plans and medical issues may require that treatment be performed at your next visit. Certain types of surgical care necessitate a consultation visit prior to surgery.

If you are considering intravenous sedation or general anesthesia, you must have nothing to eat or drink for **8 hours** before treatment and have someone with you to provide transportation.

Patients under the age of 18 must be accompanied by their parent or legal guardian.

Please bring the following items with you at your initial appointment:

- o This referral card
- o Xrays taken by your dentist or physician. If you do not have xrays at your initial appointment, we can arrange to have pertinent xrays taken at our facility.
- o Medical and dental insurance cards, if applicable
- o List of medications you are currently taking
- o Insurance referral (if required by your insurance carrier)